

ST. MICHAEL BROADCASTING, INC.
P.O. BOX 131202
St. Paul, MN 55113-0011

Web address: <http://www.stmichaelbroadcasting.com>



Return Service Requested

Important information for viewers.

We volunteers are way behind on our work load. We need many more volunteers, especially those with technical skills. In September, the entire August schedule will repeat in an attempt to give us some time to relax and catch up. Please see the back page for our project back log and the skills needed. Please volunteer if you can! Email info@stmichaelbroadcasting.com, or call the station at 612-724-2265.

Fr. Kenneth Baker, S.J., President emeritus, Catholic Views Broadcasts
Fr. Paul La Fontaine, Pastor, St. Charles Borromeo Parish, St. Anthony
Msgr. Matthew Odong, Rector, Sacred Heart Seminary, Uganda

September 2011, A.D.

Dear Friends and Family of St. Michael Broadcasting,

According to the 2010 Minnesota Department of Public Safety *Uniform Crime Report* there were 76 rapes in Minnesota in 1960. By 2010 the population of Minnesota increased 54%, but the number of rapes increased to 2230, or 2800%, from one every five days, to six per day. In 1960, records weren't kept on the number of sex offenders living in Minneapolis, but according to the Minneapolis Police Department, in 2010, there were "over 1300" sex offenders (i.e., one convicted of a sexual offense such as child molestation, rape, possession of child pornography, etc.) living in Minneapolis. This means that there is one convicted sex offender per 294 residents, which equals about 24 per square mile, or 1 every 4.7 city blocks. This figure, of course, does not include sex offenders who have not been caught and convicted.

What caused this dramatic increase in sex crime? There are no doubt multiple causes, but one is certainly the increased availability and use of pornography. Pornography is big business. A few years ago, a news story said that the highest price ever paid for an internet address was \$9 million for "porn.com". Pornography is cheap to make and lucrative. Research has shown that pornography is highly addictive "*the addiction effect*." Then the user wants something more deviant or sadistic. This is called the "*escalation effect*." Then the user becomes desensitized, and what was once shocking or repulsive no longer seems so. This is called *desensitization*. Next, there is the tendency to *act out sexually* what one has seen. It's not uncommon to see stories where the one who molested or assaulted someone says he was copying what he saw or read. For example, the headline of a story in the *Washington Post*, February 1996, reads "Boy, 11, Who Raped 5-Year-Old Says He Copied Cable TV."

One study of forty child molestation cases in Los Angeles found pornography present in every case. Infamous serial sex murderers such as cannibal Jeffrey Dahmer (17 murders), John Gacy (33 murders) and Ted Bundy (30-100 murders) were all voracious consumers of pornography. Bundy testified to the "see-fantasize-do" effects of pornography: "*You become addicted to pornography... you keep craving something harder... you reach that jumping-off point where you begin to wonder whether doing it would give you that which is beyond just reading it or looking at it. I know that it had an impact on me that was central to the violent behavior that I reached... Lots of kids are going to be dead tomorrow because of the things that are available.*"

Nonetheless, the ACLU defends the availability of pornography and portrays this as an increase in freedom. The exact opposite is true: it enslaves those who use it, and women and children are less free to go about unmolested. How strange that tobacco use is attacked because of its adverse effect on physical health, while the adverse effect of pornography on mental health is ignored, and its effect on others far more lethal than "second-hand smoke." Years ago, the late Dr. William Marra said that "The purpose of the law is to objectify justice, to protect innocence and to make virtue easy." Pornography does none of these. It degrades those who make it, warps those who use it, undermines marriages, and leaves dead people in its trail. To quote Fr. John Hardon, S.J.: "Sexual perversity leads to homicide: that's the verdict of world history."

We should do what we can to make this a more just and safe society. That includes fighting pornography. A local organization fighting pornography by trying to encourage businesses not to carry *City Pages* is the Christian Action League of Minnesota (www.calofmn.com) P.O. Box 2712, Minneapolis, MN 55402 . The Christian Action League also recommends porn-free hotels (www.cleanhotels.com).

We will have a safer and more just country when we have more virtuous people. Resisting the attraction of pornography is difficult, and for many, if not all, requires the graces that come through the sacraments. Your station can help viewers understand the faith better and to seek the sacraments, thereby helping them to both resist the enslaving effects of pornography and to live more virtuous lives. Please participate in this apostolate through your financial support (if you are able), through your prayers, and by telling others about the station.

Ad Majorem Dei Gloriam,

Michael Bird, President and Chief Volunteer

From the *Man of Law Tale*, by Geoffrey Chaucer (1343-1400)

“Foul lust of lechery, behold thy due!
 Not only dost thou darken a man’s mind,
 But bringest destruction on his body too,
 In the beginning, all thy works are blind
 And in their end are grief. How many find
 That not the act alone, but even the will
 To set about it can deprave and kill!”

September 2011

Schedule Grid for Ch. 16.3

Programs that begin at 7 p.m. we re-run at 12 a.m. 6 a.m. and 12 p.m. the next day.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
07:00 PM	Saint Stories	Msgr. William Smith: Moral Theology	The Armor of God	Bishop Sheen: Life Is Worth Living	Fr. Groeschel: The Sacraments in the Catechism	Friday Night Family Film	Psychological Growth & Spiritual Development (6:30)
07:30 PM	Fatima Today		Fr. Fox: Sharing The Faith	Dr. Deisher	Saint Stories		
08:00 PM	Fr. Barron: Conversion	Fr. Pacwa Islam and Christianity	Fr. Barron: Untold Blessing	Lumen Christi	Fr. Baker: The One and Triune God		Saturday Night Cinema
08:30 PM	Fr. Baker: Theology of the Old Testament		This Is My Body, This Is My Blood	The Armor of God	Building a Culture of Life		
09:00 PM	Michael Voris: The One True Faith		Fr. Groeschel: Psychological Growth and Development	Michael Voris: The One True Faith	Reclaiming the Culture of Life		
10:00 PM	Dr. Morgan: Reconciliation	A Family Retreat with Archbishop Sheen	The Acts of the Apostles	Catholic Underground	Stop Planned Parenthood		

Sept 2011 Basic Weekly TV Schedule

CT-USA	A/P	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
12:00	AM	Our Father's Plan	LITANY OF THE SACRED HEART	THE JOURNEY HOME (ENCORE)	MOTHER ANGELICA LIVE CLASSICS	EWTN LIVE (ENCORE)	THE WORLD OVER (ENCORE)	LIFE ON THE ROCK (ENCORE)	
12:30	AM		BENEDICTION & DEVOTIONS						
1:00	AM	EWTN GLOBAL SHOWCASE	SUNDAY NIGHT PRIME WITH FATHER GROESCHEL	THE BEST OF MOTHER ANGELICA LIVE	The Abundant Life	Signs of Life	Octavia Dies	CATHOLICISM ON CAMPUS	
1:30	AM					Mary, Mother of the Philippines	Saints of China	DEFENDING LIFE	
2:00	AM	Legacy to the Family	EWTN GALLERY						Prophecy in Song
2:30	AM	The Little Flower	The Heavens Proclaim the Glory of God	Forgotten Heritage: Europe and Our Lady	I was Glad	BENEDICTION & DEVOTIONS	Eucharist	The Suffering Church	
3:00	AM	EWTN LIVE (ENCORE)	Scandal of the Cross	Saints Alive!	THE SPIRITUAL LEGACY OF ARCHBISHOP FULTON SHEEN	CATHOLIC LIVES	THRESHOLD OF HOPE	JOY OF MUSIC	
3:30	AM		EWTN Religious Catalogue	Angels of God					
4:00	AM	Reasons for Our Hope	EWTN BOOKMARK	Dana and Friends	PAPAL AUDIENCE (LIVE)	Apostolate for Family Consecration	Living the Discerning Life: St. Ignatius	EWTN PRESENTS	
4:30	AM	A Light for All Nations	The 12 Promises of the Sacred Heart	Adventures in Exodus: Freedom		Crash Course CATHOLICISM			CATHOLIC COMPASS
5:00	AM	EWTN ORIGINAL PRODUCTIONS							
5:30	AM	Discovering Our Glorious Faith	CROSSING THE GOAL	Great Moments in Church History	The Church and the Poor	Speaking of Saints	THE CHOICES WE FACE	Letter and Spirit	
6:00	AM	CHAPLET OF ST MICHAEL							
6:30	AM	THE HOLY LAND ROSARY							
6:50	AM	LITANY OF THE HOLY NAME	LITANY OF LORETO	LITANY OF THE HOLY NAME	LITANY OF ST JOSEPH	LITANY OF THE PRECIOUS BLOOD	PAPAL AUDIENCE	LITANY OF LORETO	
7:00	AM	SUNDAY MASS (LIVE)							
7:30	AM	DAILY MASS (LIVE)							
8:00	AM	LITANY OF THE SACRED HEART	SUNDAY NIGHT PRIME -FATHER GROESCHEL (ENCORE)	THE JOURNEY HOME (ENCORE)	THRESHOLD OF HOPE (ENCORE)	EWTN LIVE (ENCORE)	LIFE ON THE ROCK (ENCORE)	The Donut Man	
8:30	AM	EWTN BOOKMARK						The Friar	
9:00	AM	Vaticano	THE WORLD OVER (ENCORE)	The Best of Mother Angelica Live	MOTHER ANGELICA LIVE CLASSICS	EWTN CATHOLIC CLASSIC : Living the Scriptures	EWTN CATHOLIC CLASSIC : MOTHER ANGELICA Presents	My Little Angels	
9:30	AM	Saints Alive!						Lucy and Friends	
10:00	AM	Apostolate for Family Consecration	Women of Grace						KNIGHTS OF ST MICHAEL
10:30	AM	HOLY ROSARY W/MOTHER ANGELICA & THE NUNS OF OLAM							
11:00	AM	SUNDAY MASS (ENCORE)							
11:30	AM	DAILY MASS (ENCORE)							
12:00	PM	LITANY OF THE SACRED HEART	Living the Discerning Life: St. Ignatius	CATHOLIC COMPASS	EWTN Cinema	SUPER SAINTS	EWTN PRESENTS	EWTN CATALOGUE	
12:30	PM	IN CONCERT						Scandal of the Cross	
1:00	PM	JOY OF MUSIC	EWTN CATALOGUE	Threshold of Hope	Voices on Virtue	THE JOURNEY HOME (ENCORE)	BENEDICTION & DEVOTIONS	EWTN GLOBAL SHOWCASE	
1:30	PM	Faith and Culture	STATIONS OF THE CROSS						
2:00	PM	CHAPLET OF DIVINE MERCY IN SONG	THE CHAPLET OF DIVINE MERCY						CHAPLET OF DIVINE MERCY
2:15	PM	REFLECTIONS							
2:30	PM	MYSTERIES OF THE ROSARY IN STAINED GLASS	THE INTERNATIONAL ROSARY						ROSARY FOR LIFE
2:50	PM		LITANY OF LORETO	LITANY OF THE HOLY NAME	PAPAL AUDIENCE	LITANY OF THE PRECIOUS BLOOD	LITANY OF THE SACRED HEART		
3:00	PM	THE WORLD OVER (ENCORE)	Hi Lucy BIG AL LIVE	MY LITTLE ANGELS	ABCATHOLIC	FAITH IN MOTION	VIRTUE STORYBOOK	Apologetics	
3:30	PM		My Catholic Family	WE ARE CATHOLIC	Animated Stories From the New Testament	Knights of St. Michael	CHAPLET OF DIVINE MERCY FOR KIDS	Saints Alive!	
4:00	PM	Faith and Culture	TRUTH IN THE HEART	TRUTH IN THE HEART	TRUTH IN THE HEART	TRUTH IN THE HEART	TRUTH IN THE HEART	SUNDAY NIGHT PRIME WITH FATHER GROESCHEL	
4:30	PM	Crash Course in Saints	CATHOLIC LIVES	VATICANO	EWTN BOOKMARK	I was Glad	The Heavens Proclaim the Glory of God		
5:00	PM	BENEDICTION & DEVOTIONS	Saints Alive!	THE CHOICES WE FACE	DANA AND FRIENDS	Bedrock Basics	THE CHURCH AND THE POOR	LIFE IS WORTH LIVING	
5:30	PM	CROSSING THE GOAL	EWTN GALLERY						Where God Weeps
6:00	PM	SUNDAY NIGHT PRIME WITH FATHER GROESCHEL	DAILY MASS (ENCORE)						MOTHER ANGELICA LIVE CLASSICS
6:30	PM								
7:00	PM	Living the Discerning Life: St. Ignatius	THE JOURNEY HOME (LIVE)	MOTHER ANGELICA LIVE CLASSICS	EWTN LIVE	THE WORLD OVER (LIVE)	LIFE ON THE ROCK (ENCORE)	EWTN CINEMA	
7:30	PM								
8:00	PM	G.K. CHESTERTON	Signs of Life	EWTN RELIGIOUS CATALOGUE	SUPER SAINTS	CROSSING THE GOAL	CATHOLICISM ON CAMPUS	Web of Faith	
8:30	PM	HOLY ROSARY W/MOTHER ANGELICA & THE NUNS OF OLAM							
9:00	PM	CATHOLIC COMPASS	THE WORLD OVER (ENCORE)	THRESHOLD OF HOPE	Saints Alive!	LIFE ON THE ROCK	EWTN GLOBAL SHOWCASE	Web of Faith	
9:30	PM				Crash Course in Saints				
10:00	PM	Saints of China	VATICANO	THE SPIRITUAL LEGACY OF ARCHBISHOP FULTON SHEEN	FAITH AND CULTURE	DEFENDING LIFE	Made in His Image: Family Life Today	THE JOURNEY HOME (ENCORE)	
10:30	PM	EWTN BOOKMARK	Women of Grace	Women of Grace	Women of Grace	Women of Grace	Women of Grace		
11:00	PM	SUNDAY MASS							
		DAILY MASS							

Is it possible to receive Channel 16 if you have cable? Yes!

You may need these items:

Antenna (UHF) outdoor is better than indoor (cost: \$3-\$53 indoor, \$50-\$130 outdoor)

A-B Switch (cost: \$5-\$18)

Coaxial cable 3'-6' or more (cost: \$3-\$11)

Converter box (Cost: \$50-\$60)

Instructions for a digital TV:

Plug cable TV cable into "A" side of A-B switch.

Connect coax cable to "Out to TV" on the A-B switch.

Plug other end of the coax cable into "Cable/Antenna IN" on the back of TV.

Make sure your cable channels work. If they don't, flip the switch on the A-B switch.

Once cable is coming in, flip switch on the A-B switch. You should now receive no cable channels.

Plug antenna into "B" side of A-B switch.

Go into MENU on channel changer. Go to "external inputs" and click to "cable off," or "antenna," or "standard." Then go to "Channels" and press "scan" or "auto program."

You should now be able to receive channel 16. To go back and forth between cable and antenna reception, go to the MENU and switch between cable and antenna reception.

Instructions for an analog TV:

Plug cable TV cable into "A" side of A-B switch.

Connect coax cable to "Out to TV" on the A-B switch

Plug other end of the coax cable into "Cable/Antenna IN" on the back of TV

Make sure your cable channels work. If they don't, flip the switch on the A-B switch.

Once cable is coming in, flip switch on the A-B switch. You should now receive no cable channels.

Plug antenna into converter box, and the converter box into "B" side of A-B switch.

Set TV to Channel 3 and PUT THIS (TV) CHANNEL CHANGER ASIDE.

Get channel changer for converter box. Go to MENU and scan for channels. 16 should come in. To go back to cable reception, flip the A-B switch. When you want to go back to antenna reception, set the channel to 3 using the TV channel changer, flip the A-B switch, and then control channels using the converter box channel changer.

Other helpful suggestions: Regarding antennas, outdoor is better than indoor. Higher up in the house, such as rooftop or attic (even higher in a room), is better than lower (basement) We broadcast from the top of the IDS, so you want the most unobstructed shot (e.g. near a window, no trees) between your antenna and the IDS that you can get. Stucco houses (enclosed in wire mesh), thick or multiple walls and basements impair your ability to receive Channel 16. The "bow-tie" Digitenna DUV-1 antenna (cost \$30) is a good indoor antenna, but others are available. We found the above listed components at Radio Shack, Best Buy and Wal-Mart, though Wal-Mart doesn't have A-B switches. The highest prices were Radio Shack, the lowest were from wholesaler Ness Electronics, 651-251-5700, located at 2135 Energy Park Drive, St. Paul, MN 55108. However, **you need to ask about their return policy!** You may want to look in your Yellow Pages under Television-Service & Parts for a smaller retailer near you who would accept returns. We are told Plaza TV, East Lake TV and Golden Valley TV might have these components, but there are many others. For outdoor antenna sales and installation locally, you might call Robin TV 763-533-1566, or Robert Paul Installation 651-271-6819. Stillwater area: Johnny's TV, 651-439-5965; Elk River: Minnesota Electronics, 320-251-2951; LeSeuer: Butch Ward TV, 507-665-6900; Cannon Falls: GS Antenna 507-775-2548; Faribault: DeGrood TV: 507-332-7495. We are not recommending these businesses; we just know they sell and install.

Instructions for an older (analog) TV with no cable:

You need an antenna and a converter box. Aim your antenna at the IDS. Set TV to channel 3. Put that channel changer aside. Using the converter box channel changer, go to the menu and scan for channels.